



## CLOTHING & EQUIPMENT LIST FOR CAMP

The following is a list of suggested clothing. Take a look at the **Ogichi Camp Store** for all the gear you need or to get ideas of gear we recommend. To have the most enjoyable experience, *please do not bring 100% cotton for trail*, as it does not keep you warm while wet.

**Email [melyndaroscoe@yahoo.com](mailto:melyndaroscoe@yahoo.com) with any questions. Happy Packing!**

### ESSENTIAL TRAIL GEAR FOR THE CANOE TRIP

- Sleeping Bag:** A good sleeping bag is fairly expensive, but in the wilderness it is essential and worth every penny. We recommend a "3-season" (spring, summer, fall) synthetic bag, rated between 30-20° degrees. Expect to pay between \$100 and \$200 for a good sleeping bag.
- Rain Jacket (rain pant optional, but highly suggested):** Find a jacket that you could paddle a canoe in and move without getting soaked. Ponchos and long rain jackets are ill advised.
- Fleece Jacket:** This should be a Polartec 200 weight fleece.
- Dry Bag:** Size 30 Sealline bag or 30-35 liters.
- 2 pairs Synthetic Socks,** Smartwool or wool.
- Boots:** Look for hiking boots with good ankle support. Break in new boots **before** arriving at camp so you will be comfortable while on your canoe trip.
- Sandals or Old Sneakers:** Sandals with straps, that can be used for swimming in lakes or in rapids.
- Quick-dry Pants:** One pair of pants that convert into shorts. Or, you can bring a pair of nylon pants and a pair of soccer shorts.
- Work Pants:** Like Carhartt pants.
- Long Underwear Top and Bottom**
- 1 long Sleeve Synthetic Shirt or Thin Flannel Shirt** (Quick drying fabric).
- 2 Synthetic Tee-Shirts**
- 1-2 Sports Bras:** Should be made of polyester, spandex, or synthetic fabric.
- Bathing Suit:** one or two-piece.
- 3 pairs of Synthetic Underwear**

**1 Hat or Visor**

**1 Wool Hat:** This may seem silly, as it is summer, but it can be chilly at night.

**Sunglasses with Croakie/sunglass strap**

**Small “Sammy” Towel:** This is a small quick drying towel, found in outdoor or swim stores.

**Nalgene or other water bottle (32 oz.)**

**Headlamp:** This is a hand’s free flashlight that has a strap around your forehead.

**Toiletries:** Please bring a toothbrush with case, chapstick with SPF, and feminine hygiene products that you will keep with you daily for personal use.

**OPTIONAL GEAR:** Ziploc for personal items, small brush, playing cards, journal, small pillow, book, camera, songbooks, etc.

**CLOTHING LIST for the DAYS IN CAMP**

Please bring additional clothes to wear around camp for the days before and after your trip when we’ll be doing things like Indian crafts, volleyball, talent show, and water sports.

**Suggested Items:**

**T-shirts**

**Jeans**

**Blanket for Bed**

**Shorts**

**Sweatshirt**

**Fitted Twin Sheet**

**Bathing suit**

**Pajamas**

**Beach Towel**

**Sweatpants**

**Pillow**

**Bath Towel**

**Laundry Bag**

**Toiletries:** Shampoo, soap, facewash, cream, toothpaste, toothbrush, hairbrush, hair elastics, feminine hygiene products, etc.

**NOTE: Cell phones, money, jewelry, handheld games, CD Players, iPods etc. for traveling will be checked into the camp lock box for safekeeping during the camp session. These will not be used in camp.**